#### NEW CLIENT INTAKE/INFORMATION FORM

Welcome to my practice. Please take a few minutes and fill out the following form. This information will enable me to better meet your needs. Thank you for your time.

Name		Today's D	Date	
(To be completed by the parent/guardian if client is younger than 18 years old)				
Date of Birth	Age:		M / F	
Address				
City:				
Email Address:				
Do you wish to receive emails: Yes	/ No			
Phone: H)	W):	C):		
May I call youat home? Yes / No	oat work? Y	es / No		
Emergency Contact		Phone		
Current relationship Status: Single	e Married- I	Date:		
Co-habitating –Date:	Separated-	Date		
Divorced- Date:	Widowed-	Date:		
Prior Marriages: Please list all prior divorce:				
Please list all of your children:				
Namea	geIn Hor	neYN		
Namea	geIn Hon	neN		
Namea	geIn Hor	neN		
Namea	geIn Hor	meN		

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Employer/School:	
Occupation:	
Referred by:	
Person to be contacted in case of an emerg	gency:
Name:	Relationship:
Home Phone:	_ Work Phone:
Presenting Problem(s):	
Please describe your reasons for seeking ostarted):	counseling at this time (include date/month the problem

### **Trauma History:**

Physical Abuse # Yes # No Sexual Abuse # Yes # No

Victim of Violent Crime # Yes # No Emotional Abuse # Yes # No Domestic Violence # Yes # No other incident # Yes # No

If Yes to Trauma History, briefly describe:				
Substance Use: Is there family or personal history of substance issues? If yes, please describe:				
Substances: (Please specify use any of the following substances)				
<ul> <li>Coffee/CaffeineCups/Day &amp; Alcoholdrinks per week</li> <li>Cigarettes per dayFor how long?</li> <li>Illegal Drugs (If yes, please list the type, amount and how often)</li> </ul>				
Most recent use of any illegal drugs				
Has anyone ever told you that your substance use is a problem? ## Yes ## No				
Which substances?				
Have you ever received any kind of substance abuse treatment **Yes **No If yes, please describe and give dates (i.e., 12 Steps, IOP, Detox)				
Psychiatric History  Is there any family history of psychiatric illness or treatment? ** Yes ** No  If yes, please explain:				

## Psychiatric History (Cont'd):

Have you ever been to see a psychiatrist or therapist before today? ## Yes No				
If yes, when was the treatment:				
For how long and if you stopped, why?				
Name of provider(s)				
Were any <i>medications</i> ever prescribed to you by a psychiatrist/other provider (PC) OB-GYN, Nurse Practitioner) for any psychiatric illness/symptoms?  ## Yes ## No				
If yes: What <i>previous</i> medications were you prescribed? (no longer taking):				
Your Response:				
Why did you stop taking these medication(s)?				
Current Prescription Medications including dosage and frequency:  1)				
3)				
Over the Counter Medications/Supplements/Herbs:  Medication: Dose: How Often:				

Do you have any allergies to medications? Yes/No If yes, please list medications:
Have you ever been hospitalized in a psychiatric facility? ## Yes No
Hospital(s):
Reason for Admission(s): Length of stay:
Medical History: Please list any medical conditions and/or illnesses for which you are currently being treated or have been treated for in the past and give dates of treatment:
When was your last physical exam and by whom?
If you have ever had surgery, please list below:
Date:
Date:
Please add any information that you would like me to know that is relevant to your treatment:

#### PROBLEM CHECKLIST

Please list which of the problems listed below are bothering you at this time.

0 = NONE 1 = MILD 2 = MODERATE 3 = SERIOUS 4 = SEVERE

0 1 2 3 4 Previous episodes of depression	0 1 2 3 4 Nightmares
0 1 2 3 4 Previous episodes of elation	0 1 2 3 4 Problems concentrating
0 1 2 3 4 Feel Sad	0 1 2 3 4 Memory problems
0 1 2 3 4 Cry easily	0 1 2 3 4 Indecisiveness
0 1 2 3 4 Feel hopeless	0 1 2 3 4 Withdrawal from others
0 1 2 3 4 Feel guilty	0 1 2 3 4 Episodes of panic
0 1 2 3 4 Feel irritable	0 1 2 3 4 Fear of being in public
0 1 2 3 4 Feel anxious	0 1 2 3 4 Phobias
0 1 2 3 4 Feel worthless	0 1 2 3 4 Fear of weight gain
0 1 2 3 4 Think about suicide	0 1 2 3 4 Trouble making friends
0 1 2 3 4 Past suicide attempts	0 1 2 3 4 Loneliness
0 1 2 3 4 Not able to have fun	0 1 2 3 4 Unwanted, distressing thoughts
0 1 2 3 4 Loss of interest in usual pleasures	0 1 2 3 4 Repetitive behaviors
0 1 2 3 4 Unmotivated to complete tasks	0 1 2 3 4 Troublesome dreams, nightmares,
1	feelings about traumatic events
0 1 2 3 4 Loss of interest in sex	0 1 2 3 4 Constant worry
0 1 2 3 4 Sexual performance problems	0 1 2 3 4 Anxious, on edge
0 1 2 3 4 Confusion	0 1 2 3 4 Bowel disturbances
0 1 2 3 4 Loss of energy	0 1 2 3 4 Ongoing laxative use
0 1 2 3 4 Fatigue	0 1 2 3 4 Chronic pain
0 1 2 3 4 Body feels slowed down	0 1 2 3 4 Worry over health
0 1 2 3 4 Thoughts feel slowed down	0 1 2 3 4 Medical problems
0 1 2 3 4 Body feels sped up	0 1 2 3 4 Skipped menstrual periods
0 1 2 3 4 Racing thoughts	0 1 2 3 4 Unhappy with weight
0 1 2 3 4 Hear voices	0 1 2 3 4 Recent weight gain or loss
0 1 2 3 4 Suspiciousness/Paranoid thoughts	0 1 2 3 4 No appetite
0 1 2 3 4 See things that aren't there	0 1 2 3 4 Binge eating
0 1 2 3 4 Strange thoughts	0 1 2 3 4 Intentional vomiting
0 1 2 3 4 Fits of rage	0 1 2 3 4 Trouble falling asleep
0 1 2 3 4 Think about hurting someone	0 1 2 3 4 Sleeping too much
0 1 2 3 4 Poor self-control	0 1 2 3 4 Trouble staying asleep
0 1 2 3 4 Work problems	0 1 2 3 4 Waking up too early
0 1 2 3 4 Relationship problems	0 1 2 3 4 Problems with food
0 1 2 3 4 Problems with money	0 1 2 3 4 Problems at home
0 1 2 3 4 Legal problems	